

PLAN NAUCZANIA
LATA STUDIÓW 2008-2009
2009-2010
2010-2011

Wersja 29.04.2008

Studia Stacjonarne

| L.p. | Nazwa przedmiotu | Forma oceny | Rozkład godzin | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------------------|--|-------------|----------------------|------------|----------|------------|-----------------|-----------|----------|-----------|-----------|-----------|------------------|-----------|----------|-----------|----------|-----------|-------------------|-----------|----------|-----------|----------|-----------|----------|-----------|----------|----------|----------|----------|----------|----------|--|--|
| | | | Godziny zajęć w tym: | | | | I rok 2008-2009 | | | | | | II rok 2009-2010 | | | | | | III rok 2010-2011 | | | | | | | | | | | | | | | |
| | | | Razem | Wykl. | Konw. | Ćwicz. | Semestr 1 | | | Semestr 2 | | | Semestr 3 | | | Semestr 4 | | | Semestr 5 | | | Semestr 6 | | | | | | | | | | | | |
| | | | | | | | EC | Wykl. | Konw. | Ćwicz. | EC | Wykl. | Konw. | Ćwicz. | EC | Wykl. | Konw. | Ćwicz. | EC | Wykl. | Konw. | Ćwicz. | EC | Wykl. | Konw. | Ćwicz. | | | | | | | | |
| A - Przedmioty podstawowe | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Anatomia* | E-2 | 60 | 30 | | 30 | 3 | 15 | | 15 | 3 | 15 | | 15 | | | | | | | | | | | | | | | | | | | | |
| 2 | Antropologia | E-2 | 30 | 15 | | 15 | | | | 3 | 15 | | 15 | | | | | | | | | | | | | | | | | | | | | |
| 3 | Biochemia | E-3 | 30 | 15 | | 15 | | | | | | | | 2 | 15 | | 15 | | | | | | | | | | | | | | | | | |
| 4 | Fizjologia* | E-4 | 45 | 30 | | 15 | | | | | | | | | | | 4 | 30 | | 15 | | | | | | | | | | | | | | |
| 5 | Pedagogika* | E-1 | 45 | 30 | | 15 | 4 | 30 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Historia wychowania | E-2 | 15 | 15 | | | | | | 2 | 15 | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Psychologia* | Z-1 | 30 | 30 | | | 3 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Psychologia rozwojowa | Z-2 | 15 | | | 15 | | | | 3 | | | 15 | | | | | | | | | | | | | | | | | | | | | |
| 9 | Psychologia społeczna | Z-3 | 15 | | | 15 | | | | | | | | 3 | | | 15 | | | | | | | | | | | | | | | | | |
| 10 | Teoria wych. fizycznego | E-5 | 45 | 30 | | 15 | | | | | | | | | | | | | | 3 | 30 | | 15 | | | | | | | | | | | |
| | Razem (A) | | 330 | 195 | 0 | 135 | 10 | 75 | 0 | 30 | 11 | 45 | 0 | 45 | 5 | 15 | 0 | 30 | 4 | 30 | 0 | 15 | 3 | 30 | 0 | 15 | 0 | 0 | 0 | 0 | 0 | 0 | | |
| B - Przedmioty kierunkowe | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11 | Antropomotoryka | E-4 | 75 | 30 | | 45 | | | | | | | | 2 | 15 | | 15 | 3 | 15 | | 30 | | | | | | | | | | | | | |
| 12 | Biomechanika* | E-3 | 30 | 15 | | 15 | | | | | | | | 2 | 15 | | 15 | | | | | | | | | | | | | | | | | |
| 13 | Ćwiczenia kompensacyjno-korekcyjne* | Z-6 | 30 | | | 30 | | | | | | | | | | | | | | | 1 | | | 30 | | | | | | | | | | |
| 14 | Dydaktyka ogólna | E-2 | 30 | 15 | | 15 | | | | 4 | 15 | | 15 | | | | | | | | | | | | | | | | | | | | | |
| 15 | Edukacja zdrowotna | Z-3 | 30 | 15 | | 15 | | | | | | | | 2 | 15 | | 15 | | | | | | | | | | | | | | | | | |
| 16 | Emisja głosu | Z-4 | 30 | | | 30 | | | | | | | | | | | | 1 | | | | 30 | | | | | | | | | | | | |
| 17 | Historia kultury fizycznej | E-4 | 30 | 15 | | 15 | | | | | | | | | | | | 2 | 15 | | 15 | | | | | | | | | | | | | |
| 18 | Metodyka wych. fizycznego | E-4 | 120 | 60 | | 60 | | | | 1 | 15 | | | 3 | 30 | | 30 | 3 | 15 | | 30 | | | | | | | | | | | | | |
| 19 | Organizacja i prawo w oświacie | Z-6 | 30 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | 2 | 30 | | | | |
| 20 | Pierwsza pomoc przedmedyczna | Z-5 | 30 | 15 | | 15 | | | | | | | | | | | | | | | 3 | 15 | | 15 | | | | | | | | | | |
| 21 | Rytmika i taniec | Z-2 | 30 | | | 30 | | | | | | | 2 | | 30 | | | | | | | | | | | | | | | | | | | |
| 22 | Teoria i metodyka sportów indywidualnych | E-4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 23 | gimnastyka szkolna | Z-4 | 90 | | | 90 | 2 | | | 30 | 2 | | | 30 | 2 | | 15 | 2 | | | | 15 | | | | | | | | | | | | |
| 24 | lekkoatletyka | Z-4 | 90 | | | 90 | 2 | | | 30 | 2 | | | 30 | 2 | | 15 | 2 | | | | 15 | | | | | | | | | | | | |
| 25 | pływanie w szkole | Z-2 | 60 | | | 60 | 2 | | | 30 | 2 | | | 30 | | | | | | | | | | | | | | | | | | | | |
| 26 | pływanie i podstawy ratownictwa | Z-4 | 30 | | | 30 | | | | | | | | 2 | | | 15 | 2 | | | | 15 | | | | | | | | | | | | |

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| 27 | Teoria i metodyka sportów zespołowych | E-5 | 15 | 15 | | | | | | | | | | | | | | | | 3 | 15 | | | | | | | | | | | | | | | | | | | | |
| 28 | piłka koszykowa | Z-1 | 30 | | | 30 | 3 | | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | piłka nożna | Z-2 | 30 | | | 30 | | | | 3 | | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30 | piłka ręczna | Z-3 | 30 | | | 30 | | | | | | | 3 | | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 31 | piłka siatkowa | Z-4 | 30 | | | 30 | | | | | | | | | | | | | | 3 | | | 30 | | | | | | | | | | | | | | | | | | |
| 32 | Zabawy i gry ruchowe | Z-1 | 30 | | | 30 | 3 | | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 33 | Teoria sportu | E-3 | 30 | 15 | | 15 | | | | | | | 2 | 15 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Razem (B) | | 930 | 225 | 0 | 705 | 12 | 0 | 0 | 150 | 16 | 30 | 0 | 165 | 20 | 90 | 0 | 165 | 18 | 45 | 0 | 180 | 7 | 30 | 0 | 45 | 2 | 30 | 0 | 45 | 2 | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| C - Inne przedmioty i zajęcia | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 34 | Biologia człowieka | Z-1 | 30 | 15 | | 15 | 2 | 15 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 35 | Wybrane elementy kultury języka** | Z-4* | 30 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 36 | Socjologia** | | | | | | | | | | | | | | | | | | | 1 | 30 | | | | | | | | | | | | | | | | | | | | |
| 37 | Filozofia | Z-1 | 30 | 15 | | 15 | 2 | 15 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 38 | Język obcy (j.ang., j.niem.) | E-4 | 120 | | | 120 | 1 | | 30 | 1 | | 30 | 1 | | 30 | 1 | | 30 | 2 | | | 30 | | | | | | | | | | | | | | | | | | | |
| 39 | Technologia informacyjna | Z-1 | 30 | | | 30 | 2 | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 40 | Podstawy komunikacji społecznej i pedagogicznej* | Z-2 | 15 | | | 15 | | | | | 2 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 41 | Diagnoza i terapia pedagogiczna | Z-4 | 15 | | | 15 | | | | | | | | | | | | | | 2 | | 15 | | | | | | | | | | | | | | | | | | | |
| 42 | Seminarium licencjackie | Z-6 | 45 | | | 45 | | | | | | | | | | | | | | 1 | | 15 | 5 | | | 15 | 10 | | | | | | | | | | | | | | |
| 43 | Ochrona własności intelektualnej - wykład monograficzny | Z-5 | 3 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 44 | Przysposobienie biblioteczne | Z-1 | 1 | 1 | | | | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 45 | Szkolenie BHP z elementami ergonomii | Z-1 | 4 | 4 | | | | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Razem (C) | | 323 | 68 | 0 | 255 | 7 | 35 | 0 | 90 | 3 | 0 | 0 | 45 | 1 | 0 | 0 | 30 | 6 | 33 | 0 | 60 | 5 | 0 | 0 | 15 | 10 | 0 | 0 | 0 | 15 | 10 | 0 | 0 | 0 | 15 | 0 | 0 | 15 | 0 | |
| | RAZEM (A + B + C) | | 1583 | 488 | 0 | 1095 | 29 | 110 | 0 | 270 | 30 | 75 | 0 | 255 | 26 | 105 | 0 | 225 | 28 | 108 | 0 | 255 | 15 | 60 | 0 | 75 | 12 | 30 | 0 | 45 | 12 | 30 | 0 | 0 | 0 | 15 | 0 | 0 | 15 | 0 | |

X - Przedmioty specjalnościowe

| L.p. | Nazwa przedmiotu | Forma oceny | Godziny zajęć w tym: | | | Rozkład godzin | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | | | | I rok | | | | | | II rok | | | | | | III rok | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Razem | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | | | | | | | | | | | | | | | | | | |
| X PED. RESOCJALIZACYJNA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Komunikacja społeczna w resocjalizacji | Z-5 | 30 | | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Metodyka pracy resocjalizacyjnej | E-6 | 90 | 30 | | 60 | | | | | | | | | | | | | | | | | 2 | | | 30 | | | | | | | | | | | | | | | | |
| 3 | Metodyka WF specjalnego | Z-5 | 30 | | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Patologia społeczna | Z-6 | 30 | 15 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Pedagogika resocjalizacyjna | E-5 | 45 | 15 | | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Podstawy diagnostyki psychopedagogicznej | Z-6 | 30 | 15 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Podstawy prawne resocjalizacji | E-5 | 45 | 30 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Psychologia kliniczna | E-5 | 30 | 15 | | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | Psychologia, pedagogika, podstawy komunikacji społecznej... - wybrane tematy* | | 75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | RAZEM (X) | | 405 | 120 | 0 | 210 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | RAZEM (x) bez poz. 9 | | 330 | 120 | 0 | 210 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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| | RAZEM (A + B + C + X) | | 1913 | 608 | 0 | 1305 | 29 | 110 | 0 | 270 | 30 | 75 | 0 | 255 | 26 | 105 | 0 | 225 | 28 | 108 | 0 | 255 | 31 | 135 | 0 | 225 | 22 | 75 | 0 | 75 |
|--|-----------------------|--|------|-----|---|------|----|-----|---|-----|----|----|---|-----|----|-----|---|-----|----|-----|---|-----|----|-----|---|-----|----|----|---|----|

| L.p. | Nazwa przedmiotu | Forma oceny | Godziny zajęć w tym: | | | Rozkład godzin | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------------------|--|-------------|----------------------|------------|----------|----------------|-----------|------------|-----------|------------|-----------|-----------|----------|------------|-----------|------------|----------|------------|-----------|------------|----------|------------|-----------|------------|----------|------------|-----------|-----------|----------|------------|
| | | | | | | I rok | | | | | | II rok | | | | | | III rok | | | | | | | | | | | | |
| | | | Semestr 1 | | | Semestr 2 | | | Semestr 3 | | | Semestr 4 | | | Semestr 5 | | | Semestr 6 | | | | | | | | | | | | |
| | | | Razem | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | Wykl. | Konw. | Ćwicz. | | | | | | | | | |
| X GIMNASTYKA KOREK.-KOMPENS. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Ćwiczenia korekcyjne z elementami rehabilitacji | Z-6 | 90 | | | 90 | | | | | | | | | | | | | 4 | | 45 | 4 | | | 45 | | | | | |
| 2 | Elementy odnowy biologicznej | E-5 | 30 | 30 | | | | | | | | | | | | | | | 2 | 30 | | | | | | | | | | |
| 3 | Kinezyterapia w dysfunkcjach narządów ruchu | Z-6 | 30 | 30 | | | | | | | | | | | | | | | | | | 2 | | | 30 | | | | | |
| 4 | Metodyka zajęć gimnastyki korekcyjno-kompensacyjnej* | E-6 | 90 | 45 | | 45 | | | | | | | | | | | | | 4 | 30 | | 30 | 3 | 15 | 15 | | | | | |
| 5 | Metody i zasady oceny postawy ciała | E-6 | 45 | 15 | | 30 | | | | | | | | | | | | | | | | 4 | 15 | | 30 | | | | | |
| 6 | Patomechanika wad postawy | E-5 | 45 | 30 | | 15 | | | | | | | | | | | | | 3 | 30 | | 15 | | | | | | | | |
| 7 | Anatomia, biomechanika, fizjologia, ćw. Kompensacyjno-korekcyjne - wybrane tematy* | | 75 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RAZEM (X) | | | 405 | 150 | 0 | 180 | | | | | | | | | | | | | 13 | 90 | 0 | 90 | 13 | 30 | 0 | 120 | | | | |
| RAZEM (x) bez poz. 7 | | | 330 | 150 | 0 | 180 | | | | | | | | | | | | | 13 | 90 | 0 | 90 | 13 | 30 | 0 | 120 | | | | |
| RAZEM (A + B + C + X) | | | 1913 | 638 | 0 | 1275 | 29 | 110 | 0 | 270 | 30 | 75 | 0 | 255 | 26 | 105 | 0 | 225 | 28 | 108 | 0 | 255 | 28 | 150 | 0 | 165 | 25 | 60 | 0 | 135 |

| | PRAKTYKI: | Termin zal. | Godziny | rygor | ECTS |
|---------------|---|------------------------------------|------------|----------|-----------|
| 1 | Asystencka w szkole podstawowej lub w gimnazjum | Po I roku 2 tyg. Września sem. III | 40 | zal/o | 2 |
| 2 | Ciągła w szkole podstawowej | Po II roku wrześ./paźdz.sem. V | 70 | zal/o | 4 |
| 3 | Śródroczna w gimnazjum | Sem. V | 40 | zal/o | 3 |
| 4 | Placówki Specjalne | Sem. VI | 30 | zal/o | 3 |
| RAZEM: | | | 180 | 0 | 12 |
| | OBOZY: | Dni: | Godziny | rygor | ECTS |
| 1 | Obóz sportowy: zimowy sem. III, letni sem. IV | 7 | 56 | zal/o | 2 |
| RAZEM: | | | 56 | 0 | 2 |

Obóz do wyboru

* godziny przedmiotów cz.ogólnej i podst.

** przedmioty do wyboru

Egzaminy:
sem. I: 1
sem. II: 4
sem. III: 3
sem. IV: 5
sem.V: 5/4
sem.VI: 1/2

Punktacja ECTS:

Rok I: 59 sem I - 29, sem.II-30

Rok II: 58 sem. III - 26, sem. IV - 28 + praktyka 2 obóz 2

Rok III: 63 sem. V - PR-31. sem.VI-PR-22

Rok III: 63se sem. V-GK-28, sem. VI GK-25
praktyka III rok 10

Razem ECTS: 180